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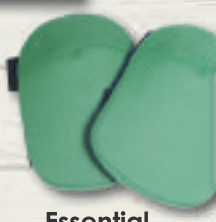
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GUILTY

Ex-council leader shared images of children with other paedophiles

by ROSS LOGAN

ross.logan@london.newsquest.co.uk

Former Kingston Council leader Derek Osbourne faces prison after he admitted sharing indecent images and movies of children with other paedophiles.

The 59-year-old ex-Liberal Democrat leader pleaded guilty to seven counts of downloading indecent images of children, four counts of possession and six counts of distributing on or before June 10.

The 5,000 images included "stomach-churning" pictures of children as young as three being raped or subjected to sexual violence and 152 images of bestiality. He also shared 34 pictures and films.

Osbourne was told by Recorder of Westminster Alistair McCreath, at Southwark Crown Court on Tuesday, that a prison sentence was a "virtual certainty".

Prosecutor Peter Zinner said: "The case is significantly aggravated by virtue of the fact material was shared with or distributed to other paedophiles."

Osbourne, wearing a dark blue suit and pink shirt, showed no emotion as he admitted the charges.

He was released on bail and will be sentenced on October 29 and faces between two and five years in custody.

Judge Alistair McCreath said he did not want to give Osbourne "false hope" that he would be spared prison.

He said: "I have to give you the firmest of warnings that the position you are in, having committed these offences in the volume you have done, it makes it a virtual certainty that a prison sentence will follow."

Acting Detective Chief Inspector Keith Braithwaite said: "His actions have inevitably contributed to the destruction of many victims' childhoods."

Osbourne was arrested at his home in Burlington Road, New Malden, on June 11, and resigned from the Lib Dems and the council leadership by answer machine message the following day.

□ See Friday's Surrey Comet for more.

Facing jail:
Derek
Osbourne,
pictured at an
earlier court
appearance

Inside

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■ Coma death: Attacker of Chessington man could face manslaughter charge page 8



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Sewer fixed soon? Fat chance



Tip of the fatberg: Thames Water said it will take another five months to repair the sewer; Roadworks continue, right

Deadlinepix KT79631

Residents and businesses close to Kingston's notorious fatberg repairs have reacted with anguish at the news it will take a further five months to fix the problem.

Engineers for Thames Water have been pumping fat out of the sewer beneath London Road since early August, following the discovery of a 15-tonne mass large enough to fill a double decker bus.

But last week the company announced it had discovered further damage to pipes beneath Cambridge Road and Asda supermarket, as fresh fat continues to pour in to the borough's drains.

It means the repairs, which have blocked off half of London Road, causing long traffic jams, will continue until the new year, and be extended in to Cambridge Road.

Lino Longobardi, owner of Italian restaurant Terra Mia, on the

by ROSS LOGAN

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corner of London Road and Cambridge Road, was dismayed.

He said: "They will have to get their skates on."

"It is vital for businesses and residents around here the work is completed as soon as possible because we have had enough of it. Now the schools are back the traffic is an ordeal."

"I'm extremely worried. It is a quiet time of year and it will be even quieter because of this."

"This could be the end for us."

Residents in Norbiton Hall, which overlooks London Road, were also facing up to the prospect of more disturbance.

Jemma Smith, 20, a third-year drama student at Kingston University, said: "The traffic isn't too bad."

It is the smell.

"Yesterday it smelled of egg. It's going to be a distraction."

"They said it was going to take six weeks, and that was in mid-summer. Five more months is going to be irritating."

The Rev Peter Holmes (pictured), vicar of St Peter's Church in London Road, said Thames Water had carried out work in London Road as recently as 2009.

But Thames Water spokesman said the 2009 works were to install a new surface water drain, and had nothing to do with the sewer system.

He said: "The weight of fat in the pipes has pushed the sewer pipe down into the soft subsoil."

"We need to replace these brick sewers with newer more robust pipes."

"This will bring the network back into proper working order and could take up to a further five months to complete."

"We need everyone to treat these sewers better."

"And that means one thing: Bin it - don't block it."



Transformation: Work has
started in the market place:

Deadlinepix KT79626

Work to transform market place begins

Work has begun on a revamp of Kingston's Ancient Market Place that will ultimately see the historic site converted into a haven for foodies.

Contractor Balfour Beatty will have transformed the market place into a "high quality offer in an attractive setting" by March next year, according to town centre managers Kingstonfirst.

Plans include new granite paving, street furniture and a

lighting scheme, as well as a "creative solution" to managing the waste generated by the market stalls.

The works will be carried out over five phases - the first taking place between Accessorize and Links the Jewellers in Church Street.

In an email to Kingston businesses, project manager Mark Teasdale said: "During the construction works there will inevitably be some disruption

to users of Church Street, Thames Street and the Market Place."

"However, we will be working closely with Balfour Beatty to ensure that this disruption is kept to the absolute minimum."

When finished, the market will sell only hot and cold food - a controversial move that drew criticism when three non-food stall holders were evicted for not fitting in with the vision.

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Animal antics: The giant guinea pigs wave to their fans



Street festival gets bigger and better

by JON SHARMAN

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Punch and Judy, a troupe of cheerleaders, and 150 market stalls took over town for this year's Surbiton Festival.

Thousands took a stroll through Victoria Road and St Andrew's Road, turned into markets for a day, and watched as cadets, scouts, and giant guinea pigs paraded through the streets.

There was even the occasional ray of sunshine.

St Andrew's Square was packed with food stalls and

giant childrens' games.

Alexis Irvine, six, said her favourite attraction was the bouncy castle and inflatable slide.

She said: "I jumped from the top down to the very bottom."

Festival committee chairman Bob Noble said about 18,000 people turned out.

He said: "I have never seen

Surbiton so busy. The weather helped us. The circuit idea rather than just the one street idea worked well - we're chuffed to bits."

Entertainment organiser Marc Sandfort said: "We are definitely very pleased. We expanded the festival this year and there is always the question of, 'Will the expansion work well?'"

"Everybody I spoke to enjoyed it very much and the acts enjoyed it."



High flyers: Surrey Starlets Deadlinepix KT78453



Making a noise: Royal British Legion Youth Marching Band Deadlinepix KT78453



High kick: Getting in the festival spirit KT78453

Wild west: Line dancing

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£10k report ‘whitewash’

Kingston Council spent more than £10,000 commissioning a risk assessment for the needle exchange at Surbiton Health Centre, only for its councillors to go against one of its key recommendations.

The 69-page document, which cost about £140 a page, recommended that “Surbiton Health Centre and Lime Tree School continue unchanged for a period of six months”.

But the director of public health, Jonathan Hildebrand, was tasked with finding alternative locations before the report, carried out by consultants RSM Tenon for £9,990 plus VAT, was presented to the council’s health

by JON SHARMAN

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overview and scrutiny panel last week.

Surbiton Hill councillor and chairman of the Surbiton neighbourhood committee Malcolm Self said: “Of course we have to take note of it. It would be foolish to say we have got a risk assessment and ignore it. I am not quibbling with those factual findings.

“I am disagreeing with their findings about where the service should be. I think that is outside the scope of a risk assessment.”

Berrylands Councillor Karen George said: “The report was a whitewash. I think that the report was totally biased and it was unbelievable that they chose to disregard the concerns of parents.”

A spokeswoman for Camden and Islington NHS Foundation Trust, which provides the well-being service, said: “The trust continues to work with all partners to ensure that service users receive the best possible care.”



Needle exchange: Surbiton Health centre Deadlinepix KT74552

 More local news at kingstonguardian.co.uk



Celebration: Mayor Penny Shelton and MP Edward Davey with the children

Deadlinepix KT79347

Nursery’s 10 years of playing Advantage

Councillors and politicians joined staff and families in celebrating a Tolworth nursery’s 10th anniversary.

Kingston and Surbiton MP Edward Davey, mayor

Penny Shelton and Councillor Barry O’Mahony were among the guests as Advantage Day Nursery in Red Lion Road marked its first decade with a party.

Melody Cox, Advantage’s education co-ordinator, said: “It was a fabulous day, a great success. The sun stayed out, and some of our staff who have been here

right from the beginning received long service awards. “We were also celebrating receiving outstanding [rating] from Ofsted for the second year in a row.”

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Quality Commission: care 'must improve'

by JON SHARMAN

jon.sharman@london.newsquest.co.uk

Kingston Hospital is not providing "safe and appropriate care" to patients in its medical wards, a surprise inspection has found.

A Care Quality Commission report this week said hospital bosses must take action after failing to meet the key safety standard, causing 'moderate' impact to patients. Patients left stranded by NHS transport failing to arrive and sweltering wards in this summer's heatwave, contributed to the failure.

Staffing levels, including evenings and weekends, were raised repeatedly by workers, but not deemed a failure, with the hospital saying levels were appropriate.

Hospital chief executive Kate Grimes said: "We showed them all our rotas and they found us compliant. "We have had a lot of new staff come in over the last six months or so.

"We have got some work to do to get those staff, and particularly the leadership, working well on our wards." Nursing director Duncan Burton said: "A lot of patients will be asleep overnight and so there will be less intervention than during the day.

"We review our staffing levels as part of an annual process.

"We know we are better than many hospitals."

Accident and emergency

'Culture of denial in NHS'

The CQC was heavily criticised earlier this year for failing to make sure standards were enforced at Furness General Hospital, leading to allegations of a cover-up.

A spokesman said: "Over the last few months, CQC has made a number of changes to the way it inspects hospitals.

"This includes greater use of professional experts and also experts-by-experience, trained members of the public with experience of using services.

"The current inspections –

including that of Kingston Hospital – are a robust and credible process, but are focused on specific areas of the hospital where risks have been identified. The issues identified at Kingston Hospital were having an impact on patient care – and need to be resolved by the trust."

Sir David Nicholson, former head of NHS England, said this year there existed a "culture of denial" in the NHS, and a "defensiveness and a lack of transparency in the way we work".

staffing was adequate, senior nurses told inspectors.

Grahame Snelling, chairman of patient involvement group Kingston Healthwatch, said: "Obviously it is a disappointing outcome for the hospital and for staff who work there, and clearly it will be a concern to patients and their families."

When inspectors arrived unannounced in mid-July, they found the temperature in one office was 32C.

One visitor brought a fan for a patient because there were not enough on the ward, the report said.

A staff member told inspectors: "There is no air conditioning, freezing in winter, boiling in summer".

A lack of volunteers in the evenings to give patients their meals meant some waited up to 25 minutes for help with eating, the report added.

Ms Grimes told the hospital's annual general meeting the contract for its transport service was under review.

The hospital passed the other key safety standards in safeguarding patients from abuse, supporting workers, complaints, record-keeping, and staffing.

'We accept judgement', says chief

Kingston Hospital's chief executive says she accepts the critical judgment on patient care of Care Quality Commission inspectors (CQC).

The hospital was told action must be taken to meet the key safety standard – one of six it was judged on.

Kate Grimes said: "I am pleased that the CQC found the majority of care we provide is of a high standard, but their judgement around the standard – care and welfare of people who use our service – is a fair one.

"I can assure our patients and the community we are working very hard to address the issues raised, as we want the care on our medical wards to consistently be the same high quality across all parts of the hospital.

"I am confident we can resolve the issues quickly."

Ms Grimes said the hospital was well aware there were problems with the temperatures in the Esher wing where medical wards are located.

She said: "Replacing the windows is very expensive and so we are looking at installing blinds that help to keep heat out in the summer and heat in during winter, as we want patients to be as comfortable as possible."

Replacing the windows would cost £3.7m, as part of the hospital's estates plan.

Almost half of patients on Kingston's medical wards have dementia, which presents a further challenge for staff, Ms Grimes said.



Confident:
Kingston
Hospital chief
executive
officer Kate
Grimes

High praise for hardworking hospital staff

Hardworking staff were applauded at Kingston Hospital's annual general meeting during an awards ceremony.

Teams and individuals were nominated for supporting and motivating each other, treating

patients with dignity, improving safety for patients, and helping the hospital save money.

One winner, volunteer of the year Andrew Forrester, was nominated by three separate people for his work with elderly and

vulnerable patients waiting in the accident and emergency department.

The awards were presented by chief executive Kate Grimes and recently-appointed chairman Sian Bates.



The finance team won the value each other team of the year: Sudha Thru, Michelle Openibo, Ursula Gruenger, Ahtisham Khan, Emily Baylis, Laura Winder, Zenzo Ncube and Raj Penmatcha



The hip fracture team won the safe award team of the year: Sarah Joseph, Dr Chooi Lee, Sian Bates, Mr Nashat Siddiqui, Dr Reza Mansouri, Lindsey Gabriel, and Mandy Davies



Andrew Forrester: Unsung hero award, the volunteer of the year



Charlotte Creamer: Caring staff member of the year



The colposcopy team won the responsible team of the year: Carl Chow, Gemma Bush, Cat King, Yvonne Newell, Jill Osbaldstone-Loughman, Julia Welch, Carol Harvey and Peter Beasant

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Fresh police probe after coma death

by JON SHARMAN

jon.sharman@london.newsquest.co.uk

The death of a man left comatose after being assaulted two years ago could lead to manslaughter charges for his attacker.

BT engineer Mark Haley, of Holmwood Avenue in Chessington, fell into a coma after he was assaulted by neighbour Michael Broom outside Tesco in Hook Parade on August 21, 2011.

Broom, of Rhodrons Avenue, was sentenced to three years in prison in November 2011, after admitting grievous bodily harm without intent.

But Mr Haley's death more than two years later at the Royal Hospital for Neuro-Disability in Putney on August 28 this year has launched a fresh police investigation.

The Metropolitan Police confirmed the investigation had been referred to its homicide and serious crime command.

If the medical reports,

including the postmortem examination, prove the injuries which Mr Haley died of were caused by Broom, he could face manslaughter charges.

Speaking through a family friend, Mr Haley's wife Jo said she and her sons "really appreciate how the local community have rallied round".

She also praised the hospital for "not just how well they looked after Mark, but how well they supported the family as well".

Mrs Haley said at the time of the attack: "The community has been lovely. Everyone just cares. It really does help."

"Everyone has been wonderful and very supportive. It does show there's a bit of community spirit."

A BT spokesman said: "We were very sorry to hear of



Airlifted: Mark Haley was stretchered on to an air ambulance in Hook Parade in August 2011

Picture: Zaara Jay

the death of Mark Haley. Our thoughts are with his family and friends at this sad time."

The old year-and-a-day rule, after which a death

could not be used for a fresh charge, was repealed in 1996.

A Buckinghamshire man, Leigh Clift, from Bletchley, was brought back to court

and jailed for life for murder in 2011, after a man he attacked with a screwdriver in 2002 died seven years later.

According to Crown

Prosecution Service guidance, the Attorney General would have to give permission for new proceedings to be brought.


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Partnership plan for 'inadequate' college

by ROSS LOGAN

ross.logan@london.newsquest.co.uk

A women's college in Surbiton has announced plans to form a partnership with another institution to improve educational standards.

Hillcroft College in South Bank was issued with an improvement notice by the Skills Funding Agency (SFA) in March 2012, and received an "inadequate" rating from Ofsted in December.

Hillcroft wants to enter into a "federation" agreement with another college by August next year – whereby some services are shared, but each institution keeps its separate identity.

The move comes after the college was told in May by the SFA – which contributes more than £1.5m a year to Hillcroft – that progress on student achievements had been "insufficient", and sent in consultants to turn things around.

The college's response has been to pursue a federation with an as yet unknown partner or partners, and was due to hold its first meeting on the proposal last Friday.

Principal Michael Wheeler said: "This is good news for the college.



Ambition: Hillcroft College

Deadlinepix KT54955

"We had a look at our strategic direction and made a proposal that we should enter into an appropriate federation arrangement by August 2014.

"We have no idea which federation model we need or have any particular organisation in mind, we are just at the beginning of the process."

A monitoring visit by Ofsted in July this year has since found the college to be making "significant progress" both in its improvement plan and in providing better opportunities to accredit learners' skills.

Mr Wheeler said: "We are on an upward turn, albeit from a very low base.

"Our long course success rates have improved by almost 30 per cent, to the extent that they are better than some other residential colleges."

Mr Wheeler also insisted the college would have considered a federation regardless of previous poor performance.

"The issue is one of size. We are a small organisation and even if it weren't for any previous quality issues I would have said federation is the best way forward.

"We have to do the same things a large further education college would have to do, but we have a much smaller staff team.

"We looked at a whole range of different options and models and federation was the preferred option."

The SFA has approved Hillcroft's federation proposal, but has warned it will escalate its intervention to stage three – the highest level – if it does not see sufficient progress.

Follow this story at
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Goods: Rebecca Jenkins from the Simple Silver jewellery stall and Max Holbrough from Imagine Florists at the St George's Square market in August

Deadlinepix KT78230

Market moves on from windy square

New Malden's Market on the Square has been moved and given a revamp in time for its launch next month.

The market will now be called the New Malden Farmers' Market and will be moved from St George's Square to the car park of the Fountain pub in Burlington Road.

The first New Malden Farmers' Market will take place on October 5 from 9am.

Market manager Tessa Wright said: "We had to move because of the wind on the square.

"We thought it would be better to move before winter set in – before the wind moved us.

"It's going to be a really great day with lots to do and eat."

There will be performers, musicians and different food stalls at the market.

The market has also won a commendation from the Time and Leisure, Food and Drinks Awards 2013, based on its predecessor.

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**YOUR SAY**

Post: The Editor, Kingston Guardian, Allied House, 29-39 London Road, Twickenham TW1 3SZ

Email: letters@kingstonguardian.co.uk Online: Your letters online at kingstonguardian.co.uk/yoursay/letters

Fairfield littered with rubbish

I walked through the Fairfield on Sunday morning last week and was delighted to see all four pitches being used for football matches, and well-supported by spectators. It was heartening to see so many people enjoying this great public facility.

A couple of hours later, I retraced my journey home past

the Fairfield again. The matches were over and most people had departed, but to my dismay, the playing fields were littered with plastic water bottles, plastic bags and other rubbish.

It was obvious that the teams using the pitches were responsible for this.

Why, if players, supporters

and other attendees use our spaces, are they so disrespectful of them? I assume pitches are booked and paid for by teams, so surely it is the responsibility of the home team to ensure the pitches are vacated in a clean, rubbish-free condition once play is over.

How sad these people do not have any sense of public

responsibility, and expect others to clear up their mess.

Without a parkkeeper in attendance, the simple solution would surely be to not grant further permits to litter-leaving teams until they undertake to take away all their rubbish. Their leagues would be disrupted due to their own actions, and many

players inconvenienced.

That might then make teams mindful of their littering and the consequences.

I would encourage anyone else who cares to report such occasions to the council to force a change.

NAME AND ADDRESS
SUPPLIED

Praise for Greenway

I am astounded at the level of negativity being shown to the marvellous Greenway.

The critics are missing the point – it is designed to make Tolworth an area to visit and not just drive through. Since TfL provided two thirds of the money, I also think it represents good value for residents.

Rather than the continued whining and whining, why not embrace this unique urban feature?

SA PICKETT
Surbiton

Consultation on gaswork plans

Kingston Council's councillors and officers need to lift their game when it comes to genuine public consultation.

Recently, when trying to navigate the council's new and opaque website, I stumbled across a proposed major development for the old gasworks site, which will impact significantly upon north Kingston's residents,

businesses and visitors.

Dressed up in terms of creating a new north Kingston village with attractive artist's impression of parks, walkways and a new school, this major development is of course really all about yet more apartments.

The impact on local infrastructure, especially traffic, is glibly glossed over.

The consultation process for such a significant development opened on September 17 and closes on October 15 with only one public meeting scheduled for October 1.

This is woefully inadequate.

FATHER MARTIN
HISLOP
Vicar
St Luke's Parish

Cycle path on pontoons is a bad idea

Can you imagine trying to keep your balance on a bike that is bobbing up and down?

The proposed cycle path will be floating on pontoons, presumably so every time even a

small motor launch passes by [let alone a Turk's passenger boat] the wash will disturb the millpond calm – ours is a tidal river and behaves as such.

There would also need to be

a rescue boat, to fish out the inevitable casualties.

Does nobody think things through anymore?

EILEEN SMITH
Address supplied

There are other roads in bad need of repair

I find it very hard to understand how Kingston Council can justify spending thousands of pounds of our money on Tolworth Broadway and Hook shopping centre when our road in Chessington Hill Park is in bad need of repair to the pavements (an accident waiting to happen).

The kerbs are broken where lorries have parked and the pavements are a series of patches, humps and holes, with broken manhole covers and blocked drains.

After all who wants to be confronted with exotic trees

and painted green and yellow centre reservations. What good has it done? It certainly has not made any difference for the traders.

There are so many other areas in the borough that are in dire need of having money spent on them.

It seems because we are the last road in the borough we get forgotten.

It is about time Kingston Council realised there are other places warranting our council tax to be spent on.

VALERIE BIDDISCOMBE
Name and address
supplied

Disneyland

Is anyone from Kingston Council's planning or traffic staff paying any attention to the shambles that is Disneyland Tolworth?

We are suffering terrible traffic delays and yet the huge expense has appeared to give us nothing more than hideous green stripes in the road, a bridge that looks as though it was intended to be in a safari park and yet more road humps.

[It is an] enormous waste of money.

MRS CHRISTA DAY
Surbiton

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Orthodontics



Crime-ridden?: Blagdon Park in New Malden

Calls for CCTV in troubled park

by NAZIA DEWJI

ndewji@london.newsquest.co.uk

CCTV cameras could be installed in Blagdon Park in New Malden at a cost of as much as £27,000 to try and deter serious crimes.

The park has seen several serious crimes in recent years.

Its multi-storey car park was forced to close down in the evenings due to antisocial behaviour.

A Kingston Council report

estimated the cost of fitting CCTV could be anywhere between £9,600 and £27,000 depending on whether a wireless option or BT option is favoured.

Conservative leader and Councillor Howard Jones called for a trial period for CCTV at the park.

He said: "I believe there is enough money there and enough evidence of antisocial behaviour – crimes such as drugs and underage drinking."

"The difficulty is balancing the feelings about the community being too closely watched by CCTV against the seriousness of the crimes and antisocial behaviour."

Liberal Democrat Councillor Simon James said: "If the

police say this would help antisocial behaviour I would be all for it – but I would like to hear the police's opinion."

There is already a CCTV camera by the car park.

But Blagdon Road resident Sebastian Amos said: "All the drug dealers know where it is [the camera] and they wear their hoodies and everything. CCTV is always something to look at after an

event, but it does not tend to stop people doing anything."

He said he did not think it would make a "big difference" but would be "a start" if people began to get caught and fined.

The installation of CCTV will be discussed again at a meeting in November.

Follow this story at kingstonguardian.co.uk

We're thinking about going cashless on buses

How will this affect you?

We are consulting on removing cash fare payments on Transport for London bus services. This will help reduce boarding times and delays, as well as saving you money. You can save £1 off the cash single fare by using a contactless payment card or Oyster card.

Have your say

By Friday 11 October 2013 at: tfl.gov.uk/cashless

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Owner of former menswear shop dies

A former Kingston scout leader and owner of iconic town centre menswear shop Bardwell's, has died.

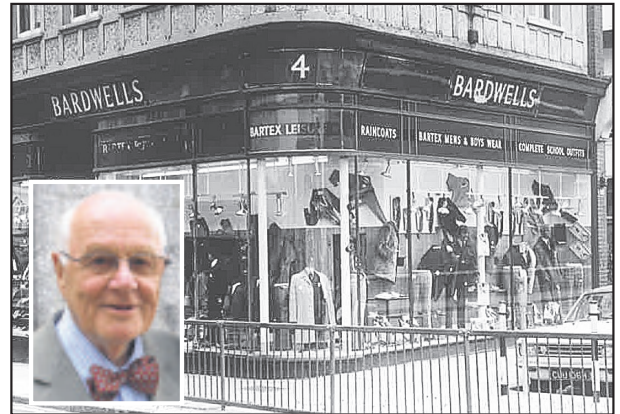
Grandfather-of-six Jack Bardwell died of cancer aged 87.

He had dedicated much of his life to providing for four children through the family business Bardwell's that originally belonged to his grandfather and had five branches in its heyday.

The shop in Clarence Street has now been converted into a Barclays bank.

Jack joined the 3rd Kingston Scouts aged 13, but left to work in mechanics for the Navy.

He later rejoined the scouts as a leader.



Missed: Jack Bardwell, inset, and the family menswear business

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Name is a nod to 'bat boat'

A new cul-de-sac in Kingston will be called Bat Gardens.

The street will be built off Park Road as part of a development of five new homes.

The name was suggested by Councillor Geoff Austin as a nod to both the Sopwith Bat flying boat built at the former Sopwith aircraft factory nearby, and also the colony of bats that roost in St Luke's Church.

Two names were rejected – Mondial Close and Minnitt Close.

Vibe

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PAGES 23,
24 & 25

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Royal Botanic Gardens, Kew and Raymond Gubbay present

Christmas at Kew

As twilight falls, the magic begins...

This Christmas, for the very first time, Kew Gardens opens after hours with an illuminated trail through its enchanting winter landscape....

This unique experience offers something new for everyone at this festive time of year. Explore the one mile illuminated trail as it winds its way through the world famous botanic gardens, casting light into hidden places off the beaten track, under tree-top canopies and onto dancing lakeside ripples.

From the delicate and twinkling to the grand and spectacular, Kew's much loved landmarks are brought to life as you have never seen them before. Come and playfully interact with captivating light, sound and landscape. Linger by the lake, meander through the Mediterranean Garden, gaze at the Garden of Fire and wonder at the iconic Palm House drenched in colour.

Your Christmas adventure begins at Victoria Gate...



Although it's a really busy time of year for him, Santa and his Elves will be heading straight to Kew Gardens in November. Santa's Woodland Grotto will soon become one of the most magical and popular spots to meet the jolly man in red. Also don't miss the Victorian carousel and vintage family rides complete with carols and seasonal music to put you in a fabulously festive mood. Escape the bustle of the High Street and soak up the seasonal atmosphere, wander through the boutique Christmas market filled with an assortment of hand-picked, irresistible gifts and stocking fillers. Finally don't forget to indulge yourself in those tempting treats for foodies – the diet can begin in 2014.

28 November – 4 January 4.30pm–10pm

Trail entrance: £12.50* (Adults) £8.00* (5–16 years)

Family trail ticket: £38.00* Under 5s FREE

For Santa's Woodland Grotto, the Victorian carousel and family rides separate charges apply

Timed trail entrance every half hour - 4.45pm until 8.45pm
(estimated walk time 75 minutes)

*A booking fee of £1.25 per ticket / £3.20 per family ticket. A transaction fee of up to £2.75 applies



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What should I feed my cat?

There is a vast choice of cat food available so how do you know which is best for your cat?

The first thing you should look for is a complete food. A complete food is one which provides all the nutrients your cat needs in the correct proportions which means that you need not feed anything else. Be careful when looking at small tins and pouches as although these look very appealing they may not be complete and should only be fed as an occasional treat, as these do not provide your cat with all his nutrients.

Cats' nutritional requirements change throughout their lives, so choosing an appropriate life stage food is important. Growing kittens will need different food to adult

A food with omega fatty acids will help promote healthy skin and a silky coat.

cats. A kitten's growth rate is around 15 times that of the human baby, so they need a good quality kitten food with high levels of protein and energy for the first 12 months of their lives to support this rapid phase of growth. At around 1 year your cat will reach adulthood. Adult foods are available in both wet and

dry formats. An advantage of dry food is that after you have measured out your cat's daily portion, it can be left down all day so that your cat can visit and feed whenever he wants. This behaviour, known as free feeding, replicates the way cats' ancestors would have fed in the wild and is favoured by a lot of our pet cats.

Senior cats also have their own specific needs, so at around 7 years of age, as cats start to show signs of aging, move them to a senior food.

One with a joint support system will help them to stay active and lower phosphorus levels help to protect the kidneys.

What about the lifestyle of your cat? Every cat is different and has their own individual requirements. Perhaps your cat lives inside; choose a Housecat food that is formulated with fewer calories and protein than standard adult food, to help prevent weight gain. Highly digestible ingredients will keep stool output low while the addition of natural clay absorbs odours, keeping the litter tray smelling more pleasant.



Cats can spend around 30% of their waking hours grooming, and hairballs can form from the hair that is ingested. These are often regurgitated, which is unpleasant for the cat and owner and occasionally even need to be removed by surgery. In the James Wellbeloved hairball formulation we use natural cellulose to help trap the swallowed hair and carry it through the digestive system.

Cats often suffer from oral health problems. Bacterial build-up on the teeth leads to the formation of plaque and tartar and can also

cause bad breath. As cleaning a cat's teeth can be difficult to say the least, the special size and shape of Oral Health kibble mimics the effect of tooth-brushing, helping to reduce plaque.

Some cats have a tendency to become overweight so a Light Food is

Cats can spend around 30% of their waking hours grooming!

a good choice for these cats. Light foods have around 15% fewer calories than standard adult foods and have higher levels of protein and reduced level of fat to encourage the loss of body fat while retaining the lean body mass of the cat. Cats need to lose weight gradually so always ask your vet for advice before starting a weight loss program. Each cat is an individual so choose a food which suits your cat's life stage

Every cat is different and has their own individual requirements.

and lifestyle. Look for a Premium food with good quality ingredients and added benefits such as prebiotics to encourage beneficial gut bacteria and natural antioxidants to help support the immune system. Providing a good diet is the first step to a long and healthy life for your cat. If you need more advice visit your local specialist pet retailer or visit our website:

www.wellbeloved.com

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4 course Christmas lunches run throughout December from £16.50

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Friday 13th December	£39.95
Saturday 14th December	£39.95
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"An excellent night was had by all. The service, set up and food were fantastic." - B&Q



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Dates to remember.....

OPEN WEEKS

14th to 24th
OCTOBER

Sixth Form Open Evening



**THURSDAY
10th OCTOBER
6.00 pm to 8.30 pm**

**Year 7 Open Evening
(Year 6 Transition)**



**WEDNESDAY
16th OCTOBER
6.00 pm to 8.30 pm**

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Advertisement Feature

Aspiration, commitment and excellence it what Southborough instils in its boys

Southborough is a confident, dynamic school where students thrive both academically and socially.

The school in Hook Road, Surbiton, is delighted with its 2013 GCSE results.

Fifty nine per cent of all students achieved the threshold of five A*-C (including English and maths) and 38 per cent achieved the EBacc (an A*-C grade in English, maths, two sciences, a humanity and a language).

It is also extremely pleased that 20 per cent of all grades were awarded A or A*. In addition to this, 99 per cent achieved five A*-G GCSE grades: it is a school where all students can achieve and succeed.

Its 2013 A-level results were also very good: 51 per cent of all grades were awarded A*-B and 73 per cent A*-C. Both its A-level results and GCSE results show significant improvement on last year's results.

The high school is committed to the high quality

delivery of a curriculum designed with the talents of boys in mind.

It was rated "good" by Ofsted in 2010 and is working hard to be truly outstanding.

Headmaster Niall Smith, pictured, said: "Our students participate and excel in a wide range of extracurricular, vocational and community-based activities, which help them become well-rounded young adults, ready for the challenges of 21st century life."

"We are also well known for the high quality of our pastoral care, which results in excellent behaviour and very positive attitudes to learning."

"In conclusion, we are proud of our students and of our school and hope that you will join us at one of our Open Season events."

Southborough is holding an Open Evening on Tuesday, October 8 at 6.30pm. Come and hear Mr Smith talk about the school.

Visit www.southborough.kingston.sch.uk for more information about the school.



Headteacher Mr Niall Smith

is delighted to welcome all primary boys and their families to our

OPEN EVENING

Tuesday 8th October 2013 at 6.30pm

The Headteacher will speak in the Main Hall
at 6.45pm and 8.00pm

TOURS OF THE SCHOOL

**Thursday 10th, Friday 11th, Monday 14th, Tuesday 15th October
at 9.00 am, 11.00 am and 1.30 pm**

Boys' Academy 11-19

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Open events for Year 10 and 11s

Richmond upon Thames College was established in 1977 and for over 36 years has delivered an excellent education to thousands of 16 to 19-year-olds from across Richmond, London, Surrey and Berkshire.

Today, it is one of London's top performing colleges and around 3,000 full-time students benefit from its breadth of curriculum and the specialist support services available to all students.

The college has developed a broad and attractive curriculum that meets the needs of a very wide range of students.

Qualifications offered include 39 different A-levels, the International Baccalaureate Diploma and an extensive choice of vocational qualifications at different levels.

The college is situated on a single site in Twickenham and is within easy walking distance of Twickenham town centre and its excellent public transport links.

All classes and extra-curricular activities take place on the Egerton Road site, maximising study time and the opportunities available to students throughout the day.

They are also able to access an extensive range of dedicated support services including their own personal tutor who will help them in all aspects of college life and encourage them to get the most out of it and fulfil their ambitions.

Throughout their time at the college, students are treated as individuals. They are given every encouragement to grow and become more independent in preparation for the next stage of their life, whether it is a gap year, employment or – as is the case for the majority – university.

The college is holding a number of Open Events during the autumn term for current Year 10 and year 11 students and their parents/guardians.

More information is available by visiting www.rutc.ac.uk where prospective students can also register their details.



Kingston encourages highest aspirations

Kingston Grammar School is a co-educational, academically selective school.

Located on the edge of Kingston town centre, with a stunning 22-acre sports ground opposite Hampton Court Palace at Thames Ditton, the school and sports ground can be reached from a wide area by public transport and from September there is a school bus from Chiswick for those with no direct service.

Kingston Grammar offers your son or daughter a broad and multi-faceted educational experience – opening as many doors as it can, making them aware of the options available, encouraging them to be curious and independent minded so that they move on from school with confidence in their own abilities and the skills to make their way in an increasingly competitive world.

In addition, there is a strong pastoral support framework which runs throughout the school and ensures that those joining settle quickly and happily into the day-to-day routine.

The school community works together to encourage the highest aspirations and promotes independent thought; pupils are given the opportunity to develop their own ideas and skills, deepening their knowledge and understanding of curriculum subjects. Alongside this, its rich and diverse co-curricular programme provides a variety of ways for pupils to develop and showcase their talents. It is very much part of the local community and pupils regularly take part in events which support a variety of organisations and charities. Visit www.kgs.org.uk



Richmond upon Thames College

Come along and find out more about one of

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Thursday 17 October 2013 5.00pm – 8.00pm (last entry 7.30pm)

Wednesday 13 November 2013 5.00pm – 8.00pm (last entry 7.30pm)

Thursday 24 April 2014 5.00pm – 8.00pm (last entry 7.30pm)

Register your details at

www.rutc.ac.uk

and come along with a parent/guardian

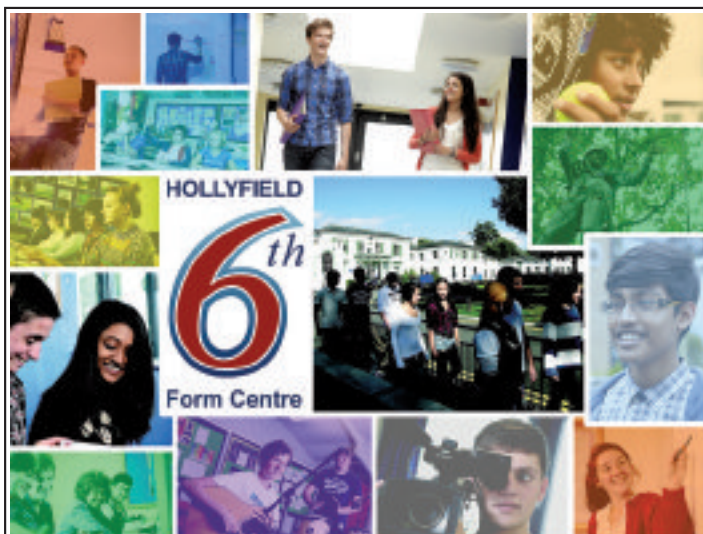
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A LEVEL FORUM 6TH FORM INFORMATION EVENING

NO BOOKING REQUIRED

Tuesday 8th October 2013
7.30pm



GROUP TOURS BOOKING REQUIRED

Friday 11th October
Wednesday 16th October
Friday 18th October
Wednesday 6th November
Tuesday 12th November
Friday 15th November

All tours start at 9.40am, refreshments from 9.15am.
Please call Suzi Blunstone on 020 8939 8822



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Its next open days are on October 12 and November 16.

Go to www.roehampton.ac.uk/student-life/open-days to book a visit.



Parents and children are warmly invited to our

Open Evening

Thursday 10th October 2013
6.00 - 9.00 pm

The Headteacher, Alex Russell, will talk in the Lanham Hall at 6.00 pm and 7.00 pm. We look forward to welcoming you!

If you wish to see the school at work, we will be holding tours on Monday 14th and Tuesday 15th October at 9.00 am. Please contact us to book a place.

Ruxley Lane, West Ewell, Surrey KT19 9JW

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Email: info@eehs.surrey.sch.uk

Developing students' confidence

The Coombe Federation comprises the highly successful and innovative Coombe Girls' and Boys' schools in New Malden.

Inspirational leadership is provided at both institutions by headteacher, Deborah Walls who led the girls' school to a fourth successive Ofsted 'Outstanding' judgement in May of this year – one of only 35 schools nationally to have achieved this status.

The emphasis at both schools is firmly on engaging learners through innovative teaching that is inspirational, compelling and fun. The schools are also extremely proud to develop students who are confident, resilient, highly ambitious and excited about their futures.

Academic excellence is key, and by every measure both the boys' and girls' schools achieved record results in 2013 at GCSE and A-level that countered both local and national trends.

While the boys' school saw a 14 per cent increase in students achieving five A* to C grades at GCSE with English and mathematics, 30 per cent of Year 11 girls achieved either A* or A grades and sixth form students doubled the number of A* grades achieved year on year!

Visit www.coombegirlsschool.org

LEARNING LIFE

Advertisement Feature

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Academy's university-style environment

Ashcroft Technology Academy in Putney is building on its strengths as an Ofsted "outstanding school" with an even higher success rate in public examination results.

Sixty five per cent of its A-level students achieved A*-B and in BTEC the grades were 100 per cent Distinction*/Distinction. Its IB

students continue to impress, with scores above the global average including some outstanding individual performances. Typically 95 per cent of its students progress to university or art college – testimony to the excellent pastoral support structures as well as first-class teaching and learning.

The International Baccalaureate Diploma Programme is a key part of the academy's sixth form and is attracting much overseas interest.

The academy is an IB World School, sharing a common philosophy with other 'world schools' – a commitment to high quality, challenging, international

education. Its sixth form is housed in a modern sixth form centre where students can continue their education in a technology-rich, supportive, university-style environment with excellent resources.

This, combined with high quality teaching and learning and an

excellent progression rate to higher education, provides students with a first-class learning environment for what is undoubtedly a life-shaping phase in young peoples' education.

Contact Louise Melchior, Sixth Form Admissions, on 020 8877 0357 or visit www.ashcroftacademy.org.uk/sixthform

Offering highest level of care



Canbury School is a small, very friendly independent day school for girls and boys from Years 7 to 11, with a maximum of 65 pupils on its roll.

With no more than 18 children in each class and five year groups, the school in Kingston Hill, Kingston, is able to offer an exceptionally high level of individual care and attention to all its pupils in a caring environment, both in academic and pastoral matters.

Most pupils take eight or nine GCSEs, chosen from a wide selection of subjects.

A spokesman for the school said: "We run a comprehensive English for Speakers of Other Languages programme and provide individual or group support for pupils with special educational needs."

"Impressive facilities both on site and locally are used to teach the curriculum, sport and games."

Canbury School is easily reached by public transport from a wide area of south west London and Surrey. The school day begins at 8.10am and finishes at 3.35pm.

The Canbury Bursary Fund exists to provide financial support to parents who are unable to afford the full fees.

See the school's advertisement on this page for its open day dates or call 020 8549 8622 to arrange an appointment. Staff are always happy to meet you! Visit www.canbury-school.co.uk for more information.



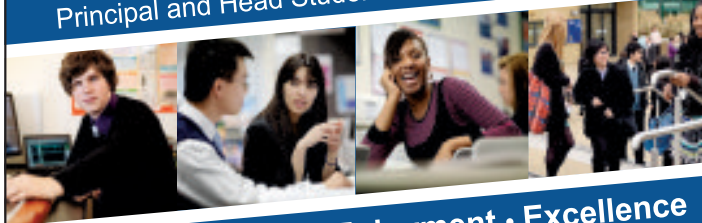
**Ashcroft
Technology
Academy**



SIXTH FORM OPEN EVENING

Thursday 10 October 2013 6.20-8.00pm

Principal and Head Student Address 6.30pm



Choice • Diversity • Enjoyment • Excellence



The sixth form at Ashcroft Academy provides excellent opportunities for suitably qualified and motivated students to succeed in a technology-rich, stimulating and supportive environment

We offer an extensive programme of :

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We look forward to seeing you

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global average

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Distinction

Ashcroft Technology Academy 100 West Hill Putney SW15 2UT
email sixthforminfo@ashcroftacademy.org.uk
website www.ashcroftacademy.org.uk/sixthform



**THE TIFFIN
GIRLS' SCHOOL**

Richmond Road, Kingston upon Thames KT2 5PL
Tel: 020 8546 0775
www.tiffingirls.kingston.sch.uk

SIXTH FORM OPEN EVENING
Thursday 17 October, 7.00 – 9.00pm
For entry into Year 12 in September 2014

Current Year 11 students who are considering applying to The Tiffin Girls' School Sixth Form are invited to attend our Open Evening on 17 October with their parents. We welcome applicants from all schools. Details about life in the Sixth Form and the application process will be available on the night. A presentation will take place in the main hall at 7.00pm and is repeated at 7.45pm. Heads of Department will be available between 7.00 – 9.00pm to talk about their subject at A Level with prospective students. Booking is not required.

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SCHOOL**

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We are a small friendly independent secondary day school for boys and girls in school years 7 to 11.

Most pupils in year 11 aim to take nine GCSE subjects.

We offer an exceptionally high level of individual care and tuition to all pupils in small classes of no more than 18.

Canbury School is committed to safeguarding and promoting the welfare of children.

OPEN DAYS

TUESDAY 8th OCTOBER 2013

2.00pm – 3.30pm

WEDNESDAY 9th & THURSDAY 10th OCTOBER 2013

10.45am – 12.30pm

Or

By Appointment. Please call Mrs. Christine Powell on 020 8549 8622.

Bursaries are available at the discretion of the School and are subject to satisfactory completion of the School's Bursary Form.

**CANBURY SCHOOL
KINGSTON HILL, KINGSTON-UPON-THAMES
SURREY, KT2 7LN**

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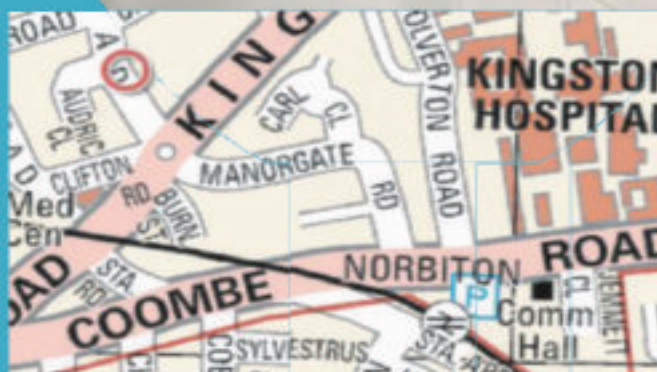
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Advertisement feature

Welcome to Taking Shape


www.takingshape.com

Taking Shape, the global fashion brand for curvy ladies has recently launched its first UK store in Kingston, Surrey. The store opened in late August and sells high quality fashionable clothes for curvy women.

Taking Shape is rolling out stores across the UK with 20 new shops planned to open their doors before Christmas.

The Kingston store launched with complimentary champagne and cake for anyone who dropped by and the store has just hosted a weekend of complimentary makeovers and in-store styling sessions for Kingston residents.

Taking Shape offers fashion suitable for work, weekend, evening and active wear in sizes 14 to 26. Taking Shape understands what fuller figured women are looking for and focuses on offering clothing that is fashionable, has personality and flatters.

Unlike many stores on the high street which employ disinterested shop assistants who struggle to relate to customers, Taking Shape prides itself on offering a fun, relaxed and friendly shopping experience coupled with real styling advice on how to dress for your size.

Embrace your curves at TAKING SHAPE

Look and feel fantastic in Taking Shape's great range of fashion especially for plus-size ladies

Taking Shape customers Amanda and Emma were delighted with their Taking Shape makeovers:

Successful businesswomen Amanda Stephenson has run one of Kingston's most respected marketing agencies since 1996. Amanda came into Taking Shape with two of her close friends.

They explained Amanda's challenge: "She ends up wearing a lot of black clothes to meetings, occasionally refreshing her look with beautiful jewellery, but we know she would like to be more colourful and on trend with her wardrobe."

Amanda has found that choosing the clothes she wants is often too difficult, "I believe in quality. I want good materials and a tailored finish."

I find it a tough challenge to dress up and look as smart as I would like for work. The high street is a nightmare, especially if your tall and plus sized as I am and you want to have an individual look.

What I want is to broaden my fashion horizons and have more choice. Amanda tried on numerous garments and with the help of a Taking Shape Vicky Rider styled Amanda in the Shades Taking Shape dress, as Vicky insists "with the Shades dress modern floral fabric, you can't go wrong – this design features a fitted bodice that falls into a flattering

fully draped skirt and a V-neck which suits Amanda perfectly."

A beaming Amanda explained how she felt after the make-over, "I feel great in my new outfit. It's very pretty. I will definitely be dressing up more."

Fun loving ex-lifeguard at Hampton Swimming Pool Emma is engaged and was worried about finding an outfit for her honeymoon: "I want something that looks great when we go away after getting married."

But she admits it has been a challenge. "To be honest I hate shopping – finding anything the right size that suits me is impossible and I end up having to shop in the supermarket."

"I don't like half the things in my ward-robe. I also end up doing a lot of shopping online which is OK, but I like to touch the fabric and see what it looks like on me before I buy."

Emma was very critical of the high street, saying: "Most shops are not for bigger people and I find that other plus sized shops are too focused on the older end of the market for me. What we need is more clothes for bigger people – a better range, in brighter colours that look good on a larger body shape."

Vicky Bridger who styled Emma explained the choices she made: "Emma has a great figure so the black Taking Shape Filigree Tunic is ideal to look that extra bit glam and special for her honeymoon."

Emma's fiancé arrived in the store in time to see her Taking Shape makeover. "I'm blown away" he said, "She looks so stunning."

The Kingston Taking Shape Store Manager Maria Tassinari gives her style tips for the curvy woman...

TOP TIPS

GIVE COLOUR A CHANCE: I've lost count of the number of times I've heard a customer say 'oh no I never wear that colour' but then I get her into the fitting room and trying on all kinds of colours she wouldn't normally wear and well – the rest is history! My tip is – have a play, step out of your comfort zone and try on new colours. The right colours for you can make you look healthy and glowing – people will notice and tell you how good you look.

LAYER, LAYER, LAYER: Many of us have parts of our body that we aren't fond of. The Taking Shape range is full of cleverly designed styles that help take the focus off these extra assets. My tip is, if you layer a long line body tank over trousers it skims lumps & bumps and creates a lean foundation to build an outfit from. Add a printed tunic, vest or top and a piece of chunky jewellery and you have an attractive outfit that you'll feel confident in.

DIVERT THE EYE: Straight lines across your body can be less than flattering and accentuate your middle. Mixing the lines, lengths and textures of your clothing creates interest in your outfit and distracts the eye. My tip is – try asymmetrical hems, crushed fabrics, and textures such as mesh and lace to create stunning outfits. Putting together a wardrobe can be daunting so if you are not sure where to start we can help! Book in with us for a complimentary one-on-one style session. You can choose a session that suits your needs and time. You can even book in with a friend! Either way we'll help you discover your individual style – come and Celebrate your Curves with Taking Shape.

MARIA TASSINARI

Taking Shape styles

The Vera Cardigan is a classic style by Taking Shape/ Virtuelle that features a waffle knit, full length sleeves, an attached hood, chunky toggles and wide rib trims to complete the look. RRP £51.75. The Blue By You Sizzle Taking Shape dress is a style you will learn to love and is calling all blues and green fans! Dress features a textured lightweight crushed fabric, inserted wide panel bands that create flattering style lines and a full draped hemline. RRP £71.25.

Taking Shape, 20 Fife Rd, Kingston, KT1 1SZ. Tel: 020 8549 7187.

www.takingshape.com

GET THE LOOK
at Taking Shape

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03/10/2013



SEEING IS BELIEVING Affectionate, loving and outgoing Esher woman, 38, 5'6", single mum, professional, looking for an efficient, sociable male, to share the future together. Call 0905 005 2490 and enter box number 127814 or send a text to 80360

HIDDEN DEPTHS Loyal, faithful, outgoing black lady, 38, seeking a white man, who is honest, faithful and caring, for a loving relationship and to settle down with. Call 0905 005 2490 and enter box number 113149

MISS ME MISS OUT Loving, down to earth female, 40, 5'3", brown curly hair, divorcee, enjoys most things, looking for my soul mate. Walton-On-Thames. Call 0905 005 2490 and enter box number 101283 or send a text to 80360

ONE STEP CLOSER Practical, old-fashioned, amenable, black Kingston Upon Thames female, 41, slim build, seeking a peaceful, hard-working male, for love and future happiness. Call 0905 005 2490 and enter box number 135859

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YOU LUCKY THING Decent-looking South London female, 42, enjoys pubs, cinema and lots more, searching for a relaxed, nice guy, to share friendship, love and TLC. Call 0905 005 2490 and enter box number 135923 or send a text to 80360

GO OUT TOGETHER Nice, warm-hearted, intelligent black female, 44, 5'9", laid-back, easygoing, enjoy travel, theatre, socialising, museums, seeks a tall, professional gent, 38-48, for a long term relationship. Call 0905 005 2490 and enter box number 136933

QUIET AND HAPPY Professional, quiet, charming, Croydon woman, 44, 5'2", blonde hair, enjoys cosy nights in, would like to meet a kind gentleman, to care for each other and share a happy future together. Call 0905 005 2490 and enter box number 148591 or send a text to 80360

FRIENDSHIP, ROMANCE-WHO KNOWS? Athletic, attractive, tall female, 45, 5'11", enjoys walking, socialising, enjoys nights in, looking for a active, like-minded male to share my life with. Call 0905 005 2490 and enter box number 151269 or send a text to 80360

HURRY TO SURREY Fit, fashionable Sutton female, 46, GSOH, smart, outgoing, enjoys running, socialising and good company, searching for a kind, caring male, with GSOH, for friendship and hopefully more. Call 0905 005 2490 and enter box number 128376

A CURIOUS FEELING Tender, old-fashioned and thoughtful Walton-On-Thames woman, 49, would like to find an independent, caring male, for good times and great company. Call 0905 005 2490 and enter box number 142253

EXPRESS YOURSELF Walton-On-Thames female, 49, 5'8", green eyes, slim build, enjoys eating in and out, cinema, country walks, travel, with an attractive man, 45-55, for a love, lasting relationship. Call 0905 005 2490 and enter box number 140785

FRIENDSHIP AND DATING Intelligent, confident black lady, 49, 5'6", slim/medium build, non smoker, enjoys travelling and the countryside, seeking a genuine white guy, for friendship or more. Call 0905 005 2490 and enter box number 143475 or send a text to 80360

FRESH APPROACH TO LIFE Attractive, friendly Surrey female, 49, 5'8", dark hair, green eyes, slim build, loves animals, walks, current affairs, seeking a tall, attractive, educated male, for a lasting relationship. Call 0905 005 2490 and enter box number 141840

FOLLOW THE DREAM Very young-looking, caring Surrey female, 50, N/5, petite, blonde, goes, likes sports & animals, with a genuine, easygoing, white male, 39-45, into sports, N/5, for friendship & maybe more. Call 0905 005 2490 and enter box number 132871

ROAD TO HAPPINESS Attractive, slim Asian lady, 51, intelligent, tall, young looking, enjoys socialising, seeking a genuine, well educated professional man, 45-55, for friendship and maybe more. Call 0905 005 2490 and enter box number 111493

LIFE'S TO BE SHARED Kind, loving Tadworth lady, 51, 5'4", slim build, enjoys music, reading, walks and all that life has to offer, looking for a genuine and honest guy, with a GSOH, for love, fun and happiness. Call 0905 005 2490 and enter box number 142340 or send a text to 80360

IT'S THAT SIMPLE Friendly, warm-hearted, petite female, 51, good sense of humour, likes going out, dancing, would like to meet a younger, caring guy, to enjoy good times together. Call 0905 005 2490 and enter box number 144056 or send a text to 80360

NEW START Croydon girl, 52, just looking to meet an honest, sensible male, for good times and great company. Call 0905 005 2490 and enter box number 143164 or send a text to 80360

FUN AND INDEPENDENT Reliable, black Mitcham female, 53, looking for a honest, hard-working black man, to enjoy life with. Call 0905 005 2490 and enter box number 141793 or send a text to 80360

COMPLETE ME Happy, upbeat Mitcham female, 53, 5'6", enjoys nights out dancing, socialising and reading, searching for a sincere, enthusiastic man, who could be that special one to settle down with. Call 0905 005 2490 and enter box number 145863 or send a text to 80360

IRISH EYES Attractive intelligent and a bit reserved 53 year old lady looking to find a handsome, nice, caring gentleman 58-66 for company and conversation. Call 0905 005 2490 and enter box number 873625

ARE YOU THE 1? Honest, caring, Caribbean female, 56, 5'5", medium build, enjoys travelling and the cinema, would like to meet a sincere, romantic, trustworthy man, for a long term relationship. Call 0905 005 2490 and enter box number 153471 or send a text to 80360

X FACTOR Attractive black female, 56, slim, sensual, professional, looking to meet an attractive male, who is generous, loving and fun. Call 0905 005 2490 and enter box number 151984 or send a text to 80360

BEING GENUINE Genuine, attractive, slimish Croydon female, 61, 5'8", auburn hair, youthful, loves classical music, theatre, France and much more, looking for a tall, non-smoking gent for a lasting relationship. Call 0905 005 2490 and enter box number 468587 or send a text to 80360

LET'S FALL IN LOVE Attractive, professional and solvent lady, 61, 5'7", dark hair and brown eyes, likes arts, antiques, theatre, cinema, music and dining out, searching for a similar, genuine man for companionship. Call 0905 005 2490 and enter box number 119593 or send a text to 80360

DANCE WITH ME Active Surbiton female, 62, blonde, non smoker, would like to meet a fun, honest, caring guy, to dance into the sunset with me. Call 0905 005 2490 and enter box number 140757 or send a text to 80360

INTO THE FUTURE Lively, active Surrey lady, 62, likes country walks, the beach, dance music and dancing, looking for a nice, kind, caring gent, 55-68, for fun, laughter and more. Call 0905 005 2490 and enter box number 126534 or send a text to 80360

LET'S DANCE! Blonde, outgoing Epsom woman, 63, blue eyes, active, 5'2", likes dancing, gardening, meals out, socialising and adventure, seeking a similar gentleman, fit, funny and genuine, for company. Call 0905 005 2490 and enter box number 122940

EVERYTHING I DO Warm-hearted, organised and reliable London-based Russian girl, 64, searching for an exciting, articulate man, for good times and great company. Call 0905 005 2490 and enter box number 143020 or send a text to 80360

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ENJOY GOOD TIMES Young 64yr old, dark hair, from Thames Ditton, loves 60s music, animals, reading, seeks sociable chap, for company. Call 0905 005 2490 and enter box number 107078 or send a text to 80360

LET THE SUN SHINE IN Curvy, cuddly Kingston lady, 64, GSOH, kind, caring, likes cinema, meals out, places of interest and the coast, would like to meet a similar man, sociable, fun and honest, for company and more. Call 0905 005 2490 and enter box number 126146 or send a text to 80360

YOU MIGHT BE LUCKY Outgoing, brown-eyed Surbiton lady, 66, long dark hair, likes cooking, eating out, dancing and holidays abroad, seeking a nice gent, for companionship and lots more. Call 0905 005 2490 and enter box number 461376

THEY DO EXIST Energetic, pensive, reliable Croydon lady, 66, 5'2", wants to meet a stylish, focused guy, for fun times and happiness. Call 0905 005 2490 and enter box number 136270



SEARCHING FOR A SPECIAL LADY Handsome, shy, slim Morden man, 24, 5'10", enjoys playing football and listening to music, would like to meet a Christian female, for a loving, long-lasting relationship. Call 0905 005 2490 and enter box number 147036 or send a text to 80360

PRINCE CHARMING Intelligent, funny, attractive Guildford man, 36, great conversationalist, plays golf, kind and caring. Are you a princess looking for your prince? Call 0905 005 2490 and enter box number 119408 or send a text to 80360

TWO'S TRULY COMPANY Divorced, easy going Croydon male, green eyes, 36, looking for a female companion, for days out together and possibly a romantic relationship in the future. Call 0905 005 2490 and enter box number 148842 or send a text to 80360

LOVE OF MY LIFE? Secure, kind, reliable London male, 39, enjoys the cinema and keeping fit, would like to meet a slim female, aged between 24-39, for a long term relationship. Call 0905 005 2490 and enter box number 149696 or send a text to 80360

SIMILAR WAVELENGTH? Genuine, happy Epsom guy, 42, 6'5", slim build, enjoys cinema, going out, good food and evenings in, would like to meet a similar woman, bubbly and kind, for lots of laughter and more. Call 0905 005 2490 and enter box number 125171 or send a text to 80360

BIG HEARTED GUY Loyal, solvent, generous London male, 45, enjoys the theatre, fine dining and nights out, would like to meet a like-minded female, to wine and dine and see where it goes from there. Call 0905 005 2490 and enter box number 153577 or send a text to 80360

THE COMMITTED KIND Kind, hard-working and sensible South Croydon male, 45, would like to meet a positive, truthful girl, for fun and a little romance. Loves travelling, cultural days out, nice food & wine at night. Call 0905 005 2490 and enter box number 153035 or send a text to 80360

MAKE EACH MOMENT SPECIAL Affectionate Isleworth male, 46, 6'2", athletic, non-smoker, own home, enjoys swimming, walks, pubs, restaurants and travel, seeks chatty, slim female, for a lasting relationship. Call 0905 005 2490 and enter box number 103086

COSY NIGHTS Respectful, gent, 48, would like to meet a curvy lady for companionship. Call 0905 005 2490 and enter box number 152339 or send a text to 80360

FOR STARTERS Friendly and honest Surrey-based black male, 48, enjoys cooking and nights in with a bottle of wine, searching for a cuddly, curvaceous woman, any race, for love, respect and happiness. Call 0905 005 2490 and enter box number 144865 or send a text to 80360

RECIPE FOR ROMANCE Easygoing Surbiton male, 49, 6'2", fair hair, brown eyes, medium, loves pubs, wine bars, country walks, with a genuine, friendly female, for good times leading to more. Call 0905 005 2490 and enter box number 115665 or send a text to 80360

HONEST RELATIONSHIP Honest, confident black London male, 50, 5'11", medium build, would like to meet a tall, sophisticated, spontaneous black female, 5'9", to socialise and share life with. Call 0905 005 2490 and enter box number 136644

SHARE LIFE WITH ME? Loyal, outgoing, friendly Harrow man, 50, 5'10", slim build, would like to find a genuine, sociable, loving female, for a long term relationship. Call 0905 005 2490 and enter box number 153447 or send a text to 80360

GET HAPPY Handsome, shy, slim, modern man, 57 would like to meet a reliable, loving lady to build a loving relationship with. Call 0905 005 2490 and enter box number 151894 or send a text to 80360

IT'S SIMPLE AND SWEET Sociable and sincere Surrey chap, 57, medium build, likes walks, gardening, social drinks and lots more, looking for a similar mature lady, 57+, to form a great connection. Call 0905 005 2490 and enter box number 105786

LIFE IS GOOD Friendly Surrey male, 57, 5'11", slim build, would like to meet a nice, friendly female, of a similar age, for romance and good company. Call 0905 005 2490 and enter box number 148601 or send a text to 80360

YOUNG HEART, YOUNG MIND Fit, fun-loving Epsom gent, 59, 6'4", medium build, youthful outlook on life, looking for a like-minded, feminine lady, with GSOH, for a lasting relationship. Call 0905 005 2490 and enter box number 148813 or send a text to 80360

A FUTURE FILLED WITH LAUGHTER Romantic, solvent Epsom guy, 51, loving, tactile, separated, enjoys being demonstrative, having a laugh and lots more, seeking a trustworthy, slim/med build lady, for friendship and love. Call 0905 005 2490 and enter box number 133949 or send a text to 80360

FUN AND A LAUGH Genuine, professional, intelligent Sutton male, 53, N/5, looking to meet a like-minded woman, for fun, exciting times together. Call 0905 005 2490 and enter box number 147161 or send a text to 80360

LET'S START NOW Confident, well-travelled Kingston male, 56, 5'11", ex rugby player, own house/car, likes pubs, restaurants, travelling, looking for an attractive, N/5 female, 46-56. Call 0905 005 2490 and enter box number 128579 or send a text to 80360

CUDDLE UP WITH ME Slim, friendly male, 56, likes seaside, pub meals, the country side, driving, would like to meet a cuddly lady for friendship and more. Call 0905 005 2490 and enter box number 152210 or send a text to 80360

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FOR FUN, FOR LOVE Honest, friendly, fun Hounslow male, 57, looking for a vibrant, loving lady, to share good times and future happiness together. Call 0905 005 2490 and enter box number 150812 or send a text to 80360

MEANT TO MEET Sensible, bright, fun Surrey male, 57, would like to meet a nice, considerate, lovely female for laughter, romance and a lasting future together. Call 0905 005 2490 and enter box number 145849 or send a text to 80360

BEST THINGS IN LIFE Divorced Caterham guy, 64, N/5, 5'11", easygoing and considerate, enjoys cooking, theatre, sport, dining and travel, seeking a bubbly, positive and caring lady, for laughs & enjoying life. Call 0905 005 2490 and enter box number 112226

PICK-ME-UP Divorced Surrey male, 65, happy and solvent, own home/car, into 60s music, bowling and cooking, seeking a lady, to share life with. Call 0905 005 2490 and enter box number 101747

WHEN TWO HEARTS MEET Funny, active and independent Sutton man, 71, 5'8", smoker, would like to meet a slim, petite female, to spend time with, days out at the coast, country, picnics, shopping and future happiness. Call 0905 005 2490 and enter box number 118851

CLASSIC GENT Friendly, sociable, smart Carshalton man, 73, own car, enjoys all types of music and occasional drinks at the pub, would like to meet a modern lady, between 60-70, for good conversation and more. Call 0905 005 2490 and enter box number 150220 or send a text to 80360

PLENTY OF TLC ON OFFER! Fair haired, blue eyed male, 60, shy, enjoys listening to music, travelling, golf and going out to eat, would like to meet a lady of similar age for companionship. Call 0905 005 2490 and enter box number 151095 or send a text to 80360

IS THERE A SPECIAL LADY? Very light-hearted 60yr old, 6', blue eyes, fairly slim, clean shaven, lively and active, lives near Croydon, seeks pretty woman, 28-50, for fun times, perhaps leading to long term relationship. Call 0905 005 2490 and enter box number 125966 or send a text to 80360

ARE YOU OUT THERE? Open-minded, professional, academic Tooting man, 61, loves cooking, daytime outings and socialising, would like to meet an attractive lady, to become soulmates. Call 0905 005 2490 and enter box number 132587

SOLID AS A ROCK Charming Irish male, 61, Croydon. Enjoys rugby, golf, tennis and more, searching for a nice lady, 40-60, to share the best things in life. Call 0905 005 2490 and enter box number 111401

NOT QUITE PAST IT! Retired, professional Hampton male, 75, GSOH, solvent, N/5, enjoys gardening, cooking, walks and meals in or out, searching for a similar female, positive with GSOH, for company and maybe more. Call 0905 005 2490 and enter box number 127526 or send a text to 80360

GET ON THAT PHONE! Smart, tactile, loyal 70s Carshalton gent, likes pub lunches, dancing, drives, music and more, with attractive, trendy lady, with old fashioned values. Call 0905 005 2490 and enter box number 135054 or send a text to 80360



FRIENDSHIP ONLY Straight, decent, witty London mother, 49, N/5, loves dancing, wine bars, the cinema and watching sports, seeking a like-minded female, for friendship and days out. Call 0905 005 2490 and enter box number 148845 or send a text to 80360

SHE AWAKES YOU! Call Bright female, 49, lives in Mitcham, looking for straight, local female friends, for shopping, cinema, theatre, chats, coffee and socialising. Call 0905 005 2490 and enter box number 108685 or send a text to 80360



LOOKING FORWARD TO HEARING FROM YOU! Fit, tall, genuine Leatherhead male, 51, bi-sexual, divorced, 6ft, polite, sincere, would like to meet a like-minded male, intelligent and active, for fun and maybe more. Call 0905 005 2490 and enter box number 132398

HISTORY IN THE MAKING Genuine, sociable Surbiton guy, 53, GSOH, caring, intelligent, enjoys long walks, nights out, theatre and cinema, seeking a similar guy, for friendship and maybe more. Call 0905 005 2490 and enter box number 131882

GENUINE YOU! Bi male, 63, would like to meet similar male for fun and friendship. Call 0905 005 2490 and enter box number 152831 or send a text to 80360

CHEER ME UP Friendly, bisexual Hampton man, 64, enjoys social drinks with friends and days out, would like to meet a similar man, for fun times, cosy evenings in together and maybe more. Call 0905 005 2490 and enter box number 150356 or send a text to 80360

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TEENAGE DIRTBAGS



WHEATUS

Show a little respect and head down to New Slang next week.
New York rockers Wheatus will visit McClusky's to

put a smile on your face with their classic anthems.
● Wheatus at New Slang; McClusky's, Bishops Hall, Thames Street,

Kingston; October 10; tickets £7; over 18s only; for more information, visit banquetrecords.com.

The writer Tim Luscombe is in Toronto promoting his latest play, *Pig*, a visceral examination of gay sex and civil partnerships, featuring depictions of violence, self-harm and HIV eroticism, writes Ross Logan.

That, one could argue, is as far away from the world of Jane Austen as you could possibly get, yet theatregoers in Kingston will get to see the other side of Luscombe's writing when his adaptation of *Mansfield Park* comes to the Rose later this month.

Originally performed last year at Theatre Royal Bury St Edmunds, the show is currently on a national tour, and comes to Kingston for five nights from October 22.

It is the third

time Luscombe has adapted Austen for the stage, following previous productions of *Northanger Abbey* and *Persuasion*.

"I adapt her because I love her, but it's quite painful because you have to cut a lot of it out," says Luscombe.

"You start with a lump of rock and you chip away until hopefully something beautiful is made out of it."

In recent years, Austen's work has been updated for modern audiences, most notably in the 1995 Alicia Silverstone comedy *Clueless*, a re-working of Emma.

Has Luscombe ever been tempted to bring Austen up to date?

"I never really thought about doing it any other way. I'm interested in revealing the book – the manners, the time, the way people speak to each other is so of its period."

"One of the great things about her is, although her books are set very much in the time when she wrote them, they're very much about things we are still interested in."

"I know they're the old 'girl meets boy, girl loses boy, girl gets boy back', but her wit is extraordinary."

"I think that's what's most attractive. I can't take any credit for it. It's all her work."

MANSFIELD PARK

● Rose Theatre, High Street, Kingston; October 22-26; £8 - £25; rosetheatre.kingston.org or call

AUSTEN'S POWER

MAX RAPTOR



A punk rock group who earned their first paycheck singing by the Oceana cloakrooms are back in the borough, but this time they will be headlining the Peel.

Four-piece Max Raptor have been all around the country touring and hitting festivals this year but vocalist Will Ray remembers how it all started more than five years ago.

Ray says: "Our first gig out of town was at Oceana in Kingston. It was the worst night of our lives. We played in the corner where people put up their coats and it was really depressing. Having said that

it was the first gig we were paid for so that was good. We are excited about coming to the Peel though."

The band recently played at the O2 Academy in Islington, but Ray admits it was a hard night.

He says: "I had terrible food poisoning so I was chucking up before I went on stage and then for the half hour that we were on stage I was trying really hard not to be sick on stage. It is definitely one of the hardest things I have ever done."

● Max Raptor, the Peel, 2 Hampden Road, Kingston; October 18; £7 adv; banquetrecords.com.

SICK STUFF: London three-piece Yuck return to Kingston for an album launch show in support of new record *Glow and Behold!*

● Yuck; New Slang, McClusky's, Thames Street, Kingston; October 3, 9pm; £6; banquetrecords.com.

PAPA'S BACK: Blues man Papa George – hailed by Muddy Waters' guitarist Bob Margolin as a "master entertainer" – plays the Grey Horse.

● The Papa George Band; the Grey Horse, Richmond Road, Kingston; October 4, 9pm, £5; grey-horse.co.uk

HOMECOMING GIG: Kingston band Anison play a homecoming gig at the Fighting Cocks.

● Anison; the Fighting Cocks, Old London Road, Kingston; October 5, 8pm; £5; the-fighting-cocks.co.uk.

WRITER'S SHOW: Kingston University's writer in residence Alan McCormick, a master of short stories, reads from some of his works.

● Dogsbodies; Rose Theatre, High Street, Kingston; October

Vibe SHORTS

6; £4, 2pm; rosetheatre.kingston.org.

AUSSIE RULES: Australian indie popsters San Cisco play an intimate instore gig at Banquet Records in support of their eponymous debut album.

● San Cisco; Banquet Records, Eden Street, Kingston; October 7, 6pm; £9.99 (CD and ticket); banquetrecords.com

GALA EXHIBITION: The Cornerhouse arts and community centre celebrates Surbiton artist Sue Monteath's latest exhibition with a gala night.

● Gala Night – a solo exhibition by Sue Monteath; Cornerhouse, Douglas Road, Tolworth; October 8, 7pm to 9pm; free; thecornerhouse.org.



INSIDE: Pizza the action p24 Perfect posture p25



FOR MORE ON THESE AND OTHER STORIES VISIT kingstonguardian.co.uk/vibe

Fired up for PIZZA

WHERE TO GO:

The Waggon and Horses in Surbiton Hill Road has installed a new pizza oven following the success of sister pub The Flowerpot in Sunbury. Some of the less traditional toppings include hickory pulled pork, roasted butternut squash and garlic and thyme roasted chicken. **Waggon and Horses, 1 Surbiton Hill Road, Surbiton; 020 8390 0211, waggonandhorsesurbiton.co.uk.**

I am perhaps quite remarkable in this day and age – what you may call a pizza novice. A pizza rookie if you like. Sure, I have dabbled in some tomato-based frivolity, but I still consider myself to be very much a no dough kind of guy, writes Tom Ambrose.

So I must admit I was apprehensive when asked to write about the subject of pizza.

Then I thought, hang on – this could be an opportunity for me to find out more about this flexible food that has, for much of my life, passed me by.

I went to Bakhtiar Shirazi, manager of Italian restaurant Osteria Pulcinella in Twickenham, to learn more. He tells me that at his restaurant, one choice was particularly popular. He says: "We serve a pizza

called Pizza Americano and it is our best-seller at Osteria Pulcinella.

"It has your traditional ingredients of cheese and tomato as well as pepperoni sausages and chilli peppers on top.

"So many people seem intent on killing their palate by over-loading their pizzas with too much.

"If you stuff it with too much cheese or put so much on top that you can barely pick it up in your hand, you are definitely doing something wrong."

So for someone like me, I ask, who will refuse a take-away pizza on a Saturday night, is there any recipe that might take my fancy?



Bakhtiar suggests I try his personal favourite the next time I pass by his Church Street restaurant.

"For me, the perfect pizza is a light pizza without too much going on," he says. "My particular favourite is a blend of anchovies, capers and olives. Lots of

people like pineapple with their pizzas but for me, it is not something that appeals."

I tell him I have tried a few different styles but they had done little for me.

How about a more unusual type of pizza? What about a base that is not afraid to "break the rules"?

He says: "Some people quite like a mix of parma

ham, rocket leaves and mozzarella.

"To me, that is a little out of the ordinary."

In answering the age-old question of does a healthy pizza exist, Bakhtiar says: "Now that is a very good question and the answer is that pizza is flexible and personal to the customer.

"Anyone can make a pizza into anything they want. "You can have pizza with more healthy ingredients such as potatoes of course.

"But the real answer is just to keep it simple, not overload with cheese and to not have too much of a good thing."

I am still a pizza-sceptic but from this conversation with Bakhtiar, my mind has been broadened to try new and unusual flavours, instead of avoiding them in favour of a margherita.

HELLO CELLO

An internationally renowned cellist will be entertaining crowds at a classical concert this week-end.

Jamie Walton will be playing the likes of Bach's 2nd Suite and Britten's 3rd Suite in the second installment of the vibrant Thames Concerts series.

The musician plays on a Guarneri instrument dated 1712 and has played throughout Europe, the US, New Zealand and Australia.

Walton will be accompanied by Adam Johnson who will be playing the piano on the night.

There will also be a pre-performance talk introducing the acts and the rehearsal process behind the series.

● **Jamie Walton, Thames Concerts; St Andrew's Church, Maple Road, Surbiton; October 12; 08444 771000, ticketweb.co.uk.**



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Vibe

Yoga a go-go

Kingston is no exception to the yoga craze, with classes offered across the borough for all ages and abilities.

Bikram Yoga Surbiton, managed by Mandy Free and Helen Currie, runs classes seven days a week from the studio in Victoria Road.

● **Bikram Yoga Surbiton, 60-63 Victoria Road, Surbiton; drop-in classes £14, introductory offer of £40 for unlimited 30 day access; bikram.yogasurbiton.wordpress.com, 020 8399 0220.**

If you prefer your yoga at normal room temperature, you don't have to look too far. Just down the road from Bikram Yoga is BoCo yoga, in Electric Parade, Surbiton. The company runs regular classes including pre-and post-natal for new or expectant mums, as well as pilates.

● **BoCo Yoga, 6 Electric Parade, Surbiton KT6 5NT; 020 8399 3930, boco-uk.com.**

Long Ditton Yoga offer a free first class for those interested in the art of yoga before paying for 10 classes up front.

● **Asana Health, 52a London Road, Kingston KT2 6QF; 020 8541 1392, asanahealth.co.uk.**

Finding a BALANCE

Men and women across the country are bending over backwards to keep fit as yoga classes become more popular than ever before.

Originating in India more than 5,000 years ago, yoga is a form of exercise that focuses on strength, flexibility and breathing techniques to give a boost to your physical and mental wellbeing.

The exercise is becoming ever more popular among younger people and even those who do not partake in the exercise will recognise the traditional postures, which include the tree, downward facing dog and the warrior.

Slavica Dummer, who lives in Kingston, has been teaching yoga

privately since 2004 and said its popularity is increasing because people have developed and want to understand and connect with their inner beings as well as others around us.

Along with being good for your health, there is scientific research to suggest doing yoga regularly is beneficial for people with high blood pressure, heart disease, back pain and stress.

Dummer says: "Yoga is a way of life and therefore suitable for all ages, and can be adapted to seniors, pre-natal, postnatal women, for infants and kids. It can be slow and gentle or vigorous and aerobic to match most personalities and individual needs."

"There are some 84,000 postures and variations and so many different styles of yoga that it never can be boring."

Through the years, a number of different styles of yoga have been developed with classes now available for people of all ages and fitness abilities.

Popular among younger people is Bikram yoga, which was developed in the 1970s by Bikram Choudhury.

The classes are taught in a room at a temperature of 105F and 40 per cent humidity.

Also known as hot yoga, Bikram is a great way for beginners to be introduced to yoga as there are only 26 Bikram poses and two breathing exercises, typically delivered in a 90-minute session.

Dummer says the purpose of hot yoga is to help warm up the muscles, allow for a deeper stretch and help detoxify the body through the release of toxins in your sweat.

"There are some 84,000 postures and variations and so many different styles of yoga that it never can be boring."



Holmes hunting HOUND

It is an elementary decision.

Head down to the Cornerhouse in Surbiton to be thrilled, chilled, and intrigued by the classic Sherlock Holmes story The Hound of the Baskervilles.

The dark tale takes Holmes and Watson on one of their most terrifying adventures, to the desolate moors around the Baskerville Hall country house.

It appears as though a centuries-old curse has come back to afflict the Baskerville family once again – but can the famous duo get to the bottom of the mystery?

The story will be brought to life by the Upstage Theatre Company, in a production suitable for all ages.

● **The Hound of the Baskervilles; Cornerhouse, Douglas Road, Surbiton; November 14-16, 8pm; £9; 020 8390 9113; rosemary.barett@tiscali.co.uk.**

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Empty nest syndrome is a thing of the past

Almost a third of parents have an adult child living at home

The lack of affordable housing in Britain is increasing the emotional and financial burden on parents as their grown-up children can no longer afford to move out, new research has revealed.

A ComRes poll of more than 1,100 parents with adult children aged 21 to 40, conducted on behalf of the National Housing Federation, found that:

- Three out of 10 parents have at least one adult child aged between 21 and 40 living at home.

- Two-thirds of parents with at least one adult child living at home say they are doing so because they simply can't afford to move out.

- Nine out of 10 parents with grown-up children

believe there is not enough housing in Britain that people can afford.

While a quarter say having grown-up children living at home had brought their family closer together, other parents were not so positive. A fifth say having a grown-up child living at home has caused them stress, and a further fifth say it had caused family arguments.

One in 10 parents say having a grown-up child living at home has caused them to fall into debt.

Parents in higher income brackets are more likely to have at least one grown-up child living at home. More than a third of parents, with grown-up children with a household income of more than £30,000, have at least one

of their adult children living at home, compared to a fifth of parents with adult children with a total household income of £30,000 or less.

More than a third (41 per cent) of parents with at least one adult child living at home say they are doing so because the cost of living away from home is too high, while a further fifth (22 per cent) say they are living at home while they save up for a deposit.

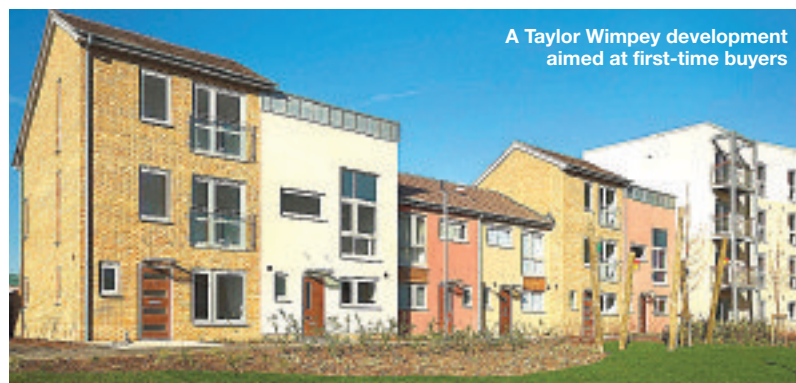
National Housing Federation chief executive David Orr, said: "Empty nest syndrome is becoming a thing of the past. Rather than waving their children off as they grow up and move out, parents are stuck with kids in their 30s still living at home. Moving out and setting up a family home of your own is a

normal rite of passage. Yet as rents, mortgages and deposits continue to soar out of reach, it is no longer an option for many.

"We're delaying adulthood for grown-up kids who are left stuck in their childhood bedrooms.

"Parents are also trapped,

unable to move on with their lives and benefit from the freedom which comes when their sons and daughters move out."



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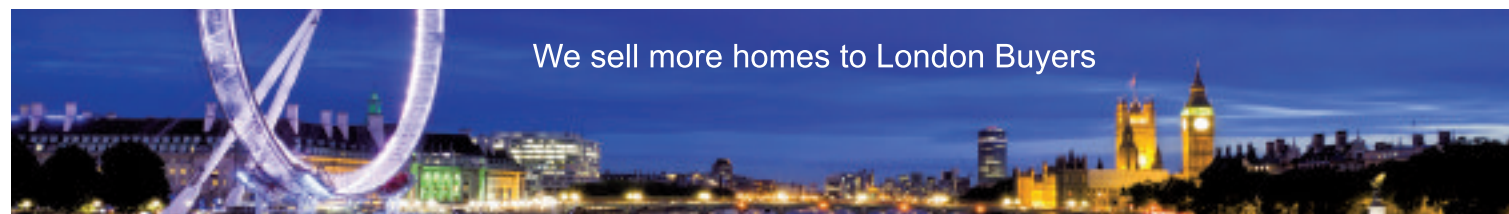
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Raeburn Avenue£550,000 OIEO

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The Ridge£775,000

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New Malden Office020 8949 5187



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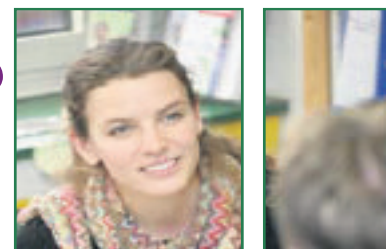
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Public Notices

Transport for London



Road Traffic Regulation Act 1984

The A238 Road and A3 GLA Road (Coombe Lane Flyover and Robin Hood Way, Royal Borough of Kingston Upon Thames and London Borough of Merton) (Temporary Prohibition of Traffic) (No.2) Order 2013

- Transport for London hereby gives notice that it has made the above named Traffic Order under section 14(1) of the Road Traffic Regulation Act 1984 for the purpose specified in paragraph 2. The effect of the Order is summarised in paragraph 3.
- The purpose of the Order is to enable structural refurbishment works to take place at A238 Coombe Lane Flyover.
- The effect of the Order will be to prohibit any vehicle to:
 - entering, exiting or proceeding on A238 Coombe Lane Flyover between its junctions with the unnamed off-slip road connecting the northbound carriageway of A3 Robin Hood Way with the eastbound carriageway of A238 Coombe Lane Flyover and the unnamed off-slip road connecting the southbound carriageway of A3 Robin Hood Way with A238 Coombe Lane;
 - entering, exiting or proceeding on the unnamed off-slip road connecting the northbound carriageway of A3 Robin Hood Way with the eastbound carriageway of A238 Coombe Lane.

The Order will be effective at certain times between 4th October 2013 and 31st March 2014, every Friday at 9:00 PM until Monday at 5:00 AM or when the works have been completed, whichever is the sooner. The prohibitions will apply only during such times and to such extent as shall from time to time be indicated by traffic signs.

- The prohibitions will not apply in respect of:
 - any vehicle being used for the purposes of those works or for fire brigade, ambulance or police purposes;
 - anything done with the permission or at the direction of a police constable in uniform or a person authorised by Transport for London.
- At such times as the prohibitions are in force alternative routes will be indicated by traffic signs via: (for traffic wishing to proceed eastbound on Coombe Lane Flyover) A3 Robin Hood Way northbound, Roehampton Vale, Stag Lane reverse course at the Stag Lane Roundabout, Stag Lane, Roehampton Vale westbound and A3 Robin Hood Way to normal route of travel; (for traffic wishing to proceed westbound on Coombe Lane Flyover) A3 Beverley Way southbound, reverse course at the Shannon Corner interchange and A3 Beverley Way northbound to normal route of travel.

Dated this 3rd day of October 2013.

Roger Pye
Forward Planning Manager, Transport for London
Palestra, 197 Blackfriars Road, London, SE1 8NJ

MAYOR OF LONDON

HARRY MICHAEL JAMES (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 58 Herne Road Surbiton Surrey KT6 5BP, who died on 17/12/2012 are required to send particulars thereof in writing to the undersigned Solicitors on or before 13/12/2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.
HAROLD BELL & CO
Devon House
174 Kingston Road Ewell
Surrey KT19 0SD T391436

GEORGE HENDERSON (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of Kingston Care Home Jermat Close Kingston Upon Thames Surrey KT2 7AJ, who died on 25/02/2013, are required to send particulars thereof in writing to the undersigned Solicitors on or before 13/12/2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.
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MAUREEN CARSLAKE (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of Milverton Nursing Home 99 Ditton Road Surbiton Surrey KT6 6RJ (formerly 2 Pipers Court 8 Southbank Surbiton Surrey KT6 6DE), who died on 13/09/2013, are required to send particulars thereof in writing to the undersigned Solicitors on or before 13/12/2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.
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Transport for London



Road Traffic Regulation Act 1984

The GLA Roads and GLA Side Roads (Kingston Upon Thames) Red Route Consolidation Traffic Order 2007 Parking Places Variation Order 2013

- Transport for London hereby gives notice that on 27th September 2013 it made the above named Order, under section 6 of the Road Traffic Regulation Act 1984. The Order will come into force on 7th October 2013.
- The general nature and effect of the Order will be to increase the allowed parking time to 30 minutes for certain existing red route parking bays on the Transport for London Road Network.
- The borough which would be affected by the Order is the Royal Borough of Kingston upon Thames.
- A copy of the Order, a statement of Transport for London's reasons for the proposal, and copies of any Order revoked, suspended or varied by the Order can be inspected during normal office hours at the offices of:
 - Transport for London Streets Traffic Order Team (TD/PI/STOT)
Palestra, 197 Blackfriars Road
London, SE1 8NJ
 - Environment Services
Royal Borough of Kingston-upon-Thames
Guildhall 2
Kingston, Surrey KT1 1EU
- Any person wishing to question the validity of the Order or of any of its provisions on the grounds that they are not within the relevant powers conferred by the Act or that any requirement of the Act has not been complied with, that person may, within six weeks from the date on which the Order is made, make application for the purpose to the High Court.

Dated this 2nd day of October 2013

Roger Pye
Forward Planning Manager, Transport for London
Palestra, 197 Blackfriars Road, London, SE1 8NJ

MAYOR OF LONDON



family notices

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Sharing its underpinnings with the New Clio, the Captur is the latest addition to the booming small crossover class, currently filled by established rivals such as the MINI Countryman, Nissan Juke and Vauxhall Mokka, writes Philip Shoulder.

Along with compact dimensions and raised ground clearance, the French marque's chic new entrant is dynamically styled and features a two-tone colour scheme as standard.

Captur is reassuringly safe, too, having been awarded a five-star Euro NCAP crash rating.

Four trim levels are offered and all models get 16" alloy wheels,

60/40 split and sliding rear seat bench, body coloured bumpers, cruise control, electronic stability control, front and rear electric windows, Hill Start Assist, speed limiter and trip computer.

The Captur engine line-up consists of the 0.9-litre TCe 90 and new 1.2 TCe 120 petrol motors and 1.5 dCi 90 diesel. Although not quick – taking 12.3 seconds to get to 62mph – this 1.5 dCi 90 (89bhp) does enable Captur to achieve an impressive combined 76.4 mpg and low 95g/km of CO₂.

Despite its elevated height, Captur handles well, with minimal roll and good grip.

The Captur's cabin has a functional, yet funky feel, and a high up-right driving position, which is comfortable and affords good visibility; only marred by the rear three quarter blind spot.

Up front there are generous amounts of head and legroom and the seats are supportive.

There's plenty of room for rear passengers and decent versatility from the 60/40 split seat bench, while the 455 litre boot has an under-floor section for hiding

valuables out of view. In keeping with the rugged lifestyle theme, the boot floor is reversible, with one side coated with rubber – perfect for muddy shoes or other messy items.

Verdict: Renault's new small crossover entrant aims to combine the best of SUV, MPV and hatchback... and succeeds.. Some

poor interior plastics and a fidgety low-speed ride are the only gripes to an otherwise top-notch package. Captur is stylish, practical and decent to drive: and although not matching the performance of Nissan's Juke, you'll enjoy appreciably better economy.

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OUT WITH THE OLD...



News that production of the iconic Volkswagen T2 camper van (pictured) will cease in Brazil later this year will no doubt have left many of you feeling sad, but while the rear-engined original is gone, a new generation of Volkswagen campers ensures its spirit lives on.

The iconic camper van joined the Transporter line-up in 1951, but it wasn't until the 1960s when it was adopted by a free-spirited generation that it became a cult symbol of an alternative lifestyle. Images of vans painted in crazy colours and psychedelic designs enthrall to this day.

The versatile, practical camper van captured the spirit of the times and has been the epitome of independent travel

ever since.

And those 60 years of globetrotting experience runs through the latest generation of Volkswagen campers – The California SE (£44,615) and California Beach (£35,370 without kitchen facilities).

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THESPECS...

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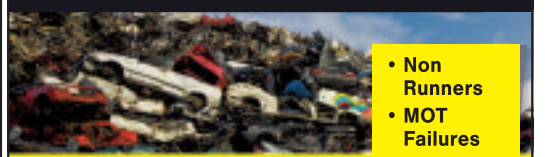
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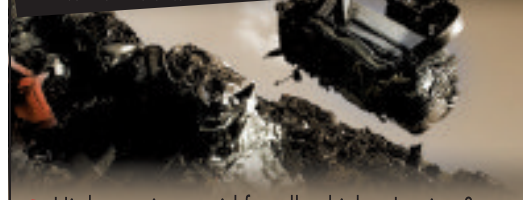
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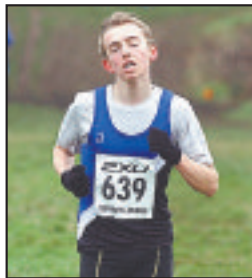
New Malden tennis player Krisnaa Muhunthakumar noticed an improvement after starring at the Lawn Tennis Association's talent identification day in Ro-

hampton last month. The Homefield Preparatory School, pictured right, was attending the annual session at the National Tennis Centre for a second time.

"I think I have improved since last time. I like meeting new players and I have made some friends. I think I have played better through being on it," he added.



More sport: kingstonguardian.co.uk



Winning run: Phillip Bearman, 16, was a busy boy on Saturday

Open season for Bearman

Kingston AC & Polytechnic distance runner Phil Bearman shrugged off the effects of completing a morning parkrun to secure a trophy double at his club's open cross country meeting in Richmond Park on Saturday.

The 16-year-old clocked 18 minutes 50 seconds to come 41st at the 5km Bushy Park parkrun on Saturday and then stopped the clock at 28:32 to win in Richmond later the same day.

Bearman claimed the Bert Long Trophy for the overall win and the U20 Alec Addis Cup.

Clubmates Mark Reed and James Robertson collected silver and bronze medals, respectively.

Socks away

New Malden racer Tom Onslow-Cole forgot his lucky qualifying socks and it cost him dear in the British Touring Car Championship at Silverstone on Sunday.

The 26-year-old only managed to qualify 21st on the grid for Sunday's feature races, which saw him finish 15th and 12th – either side of a race retirement – on his second outing for new team Airwaves Racing.

Worcester Park's Howard Fuller had an equally frustrating afternoon – but at least scored his first BTCC points of the season – finishing 17th, 11th and 15th.

The season ends at Brands Hatch on October 13.



Cursed: Tom Onslow-Cole on Sunday Gary Brind

Knight's goalscoring reunion

by STUART AMOS

samos@london.newsquest.co.uk

putting them in the back of the net.

"That is basically what we became known for."

Knight left Bashley having moved to Wandsworth three months ago due to work commitments in his role as an account manager for tea giants Twinnings.

He had left Salisbury last year after helping them to promotion to the Skril South and an FA Cup third

round appearance.

And he revealed moving on from both clubs was difficult decisions.

"Salisbury were going full time and I could not justify doing that," he added.

"I needed to have a career behind me so I went back to Bashley. I'd grown up and learnt my football there.

"It was difficult to leave. The lads were great there, but I could not handle the travelling with work as well and I'm enjoying things at Ks now."

Kingstonian saw their visit from Leiston postponed on Saturday after the visitors' first team coach got stuck in traffic on the M25 following a road closure.

Dowson's side currently top the Ryman Premier League table ahead of this week's trip to Billericay Town.

And while automatic promotion is the target, Knight revealed he is prepared for the play-offs if they come the club's way.

"I got promoted with Salisbury via the play-offs and that is a great experience in terms of character," he said.

"It is not about how you play football in those games, it is about making the right decisions at the right times and making sure you win."



Chief beneficiary: Kingstonian striker Ryan Moss will be hoping to rekindle his relationship with old footballing flame Charlie Knight

Woolven's triple fires Surbiton

Hot shot Jenna Woolven became only the second player in Surbiton's history to score a WHL Premier League hat-trick as her side thrashed Olton & West Warwicks 12-1 on Saturday, writes Colin Pike.

Sandra Frankland (2), Sarah Page, Giselle Ansley, Georgie Twigg, Emily Atkinson, Chloe Strong and two own goals added to Woolven's heroics, as the win moved the Sugden Road outfit up to second in the table.

The club's men remain in the MHL Premier League's top two as they came from 2-0 down at half-time to draw 2-2 at home to last year's Conference East champions Wimbledon.

Chris Gregg and former Surbiton star Ben Hawes had put the Dons in charge at the break, before captain Ben Tibble and Matt Daly struck in the second half for the hosts



Full stretch: Surbiton men's GB international James Tindall, above, takes a tumble on his way to goal in Saturday's 2-2 draw with near neighbours Wimbledon, while Jenna Woolven, right, was on target three times in her side's 12-1 thrashing of Olton & West Warwicks

Pictures: SP79578 & Stuart Amos

to ensure honours ended even on the day.

The men travel to league leaders Beeston this Sunday looking to erase the memory

of a 7-2 defeat in Nottingham last season, while the ladies travel to Leicester, who beat them twice in the league last term.



SPORTSbrief

SWIMMING: Five club records tumbled on the opening night of the Kingston Royals club championships on Friday. Yasmine Hamerlaine, 10, clocked 32.98 seconds to win the 50m freestyle beating the old mark that had stood for 19 years. Hamerlaine also broke the 50m backstroke (38.61) record for 10-year-olds. Tegan Wilcock set new records in the U9 50m freestyle (37.69) and breast stroke (50.30) categories, while 13-year-old Dylan Conway set a new 200m individual medley record of 2:30.18.

HORSE RACING: Kingston-based racehorse and greyhound owner Patsy Byrne died aged 64 in County Limerick on Monday. Byrne's dog Ballinderry Ash won the English Greyhound Derby in 1991 at Wimbledon, while horse White Star Line won the Guinness Kerry National last month. Byrne, who spent his time equally between homes in Ireland and Kingston, was founder of construction firm Byrne Group, which helped build the Emirates stadium, the Olympic stadium and the new centre and number one courts at Wimbledon.

FOOTBALL: Two goals in the last 15 minutes condemned Corinthian Casuals to a 2-1 defeat to high-flying Crawley Down Gatwick on Saturday. Joel Thompson had put the Ryman Division One South strugglers 1-0 up, but they could not hold on. Casuals go to Thurrock in the FA Trophy of Saturday.

FOOTBALL: Former Kingstonian reserve team manager Matt Beard led Liverpool to the FA Women's Super League title on Saturday. The Reds beat Bristol 2-0 on the final day of the season – thanks to a Louise Fors penalty and a Katrin Omarsdottir effort – to lift the crown.

FOOTBALL: Kingstonian boss Alan Dowson has confirmed the departure of striker Ali Chaaban from Kingsmeadow. Chaaban was sent off in the FA Cup exit at Margate and has not featured for Ks since.

HOCKEY: Surbiton's men kicked off the defence of their National Cup crown with a thumping 11-2 victory over Chichester on Sunday to set up a second round clash at Cannock on October 27.

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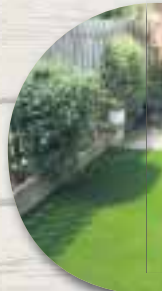
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